

PARENT CHECKLIST

**Please place a checkmark to the right of any observable behaviors.
Include any positive attributes or any other observable behaviors on the back.**

1. PERSONALITY – Have you noticed any of the following with regard to your son/daughter’s personality	4. SCHOOL – Have you observed any of the following with regard to your son/daughter’s schooling?
Noticeable mood swings	Stopped participating in extracurricular activities
Crying seemingly without explanation	Having problems getting your child to go to school
Appearing very irritable or hostile w/o reason	Wants to drop out of school
Extremely negative or apathetic attitude	5. PHYSICAL TRAITS – Have you observed any of the following with regard to your child’s physical appearance?
Spending a lot more time alone, in room	Unsteady on feet
Exhibiting general loss of energy, motivation, interest or enthusiasm; is increasingly uninterested.	Noticeable change in weight
Other changes:	Complaining of nausea/stomach ache
2. FRIENDS/RELATIONSHIPS – Have you Observed any of the following with regard to your son or daughters friends/relationships?	Glassy/bloodshot eyes
Stopped spending time with old friends	Unexplained physical injuries
Hanging out with new friends you don’t know	Poor motor skills
Doesn’t want you to meet his/her friends	Frequent cold-like symptoms
Friends immediately go to child’s room avoiding contact with family members	Smelling of alcohol/marijuana
Son/daughter receiving many short phone calls	Slurred speech
Son/daughter not where they tell you they are	Loss of hair
Spends less time in family activities	Self-abuse or self-mutilation
Is verbally or physically abusive of family members	Doesn’t keep self clean/poor hygiene
Blaming others; refusing to take responsibility	Preoccupied with personal health issues
Refuses to follow family rules	Fatigue/constantly tired
3. CRISIS INDICATORS	Disoriented
Has expressed desire to die	Changes in sleep habits
Given away personal possessions	Headaches
Has expressed desire to join someone who has died	Food issues (Examples: refusal to eat, etc.)
Has made suicidal threats/gestures	Other issues:
Has experience a recent death	